

Set Free Ministries

October 2009 Update



"So, if the SON sets you free, you will be free indeed"

Dear Friends of Set Free Ministries,

As the air grows cooler and the leaves mature with their firelike beauty, may we be reminded of the beauty of God. Sheer beauty. His handiwork makes my jaw drop and that is but a pale reflection of its Creator. **"By wisdom the Lord laid the earth's foundations, by understanding he set the heavens in place..."** (Proverbs 3:19) By wisdom He has created this earth! What exactly is wisdom? According to Proverbs 9:10, the fear of the Lord is the beginning of wisdom. May we be reminded of this verse everytime God paints us a colorful sunrise, everytime we drive through a country lane tunneled in by golden yellow trees, everytime we look up at the midnight sky, speckled with diamonds. May such magnificent handiwork re-ignite your fear. The same mighty God who creates all around us is the same God that you will face and give an accounting for how you have lived your life. He is also the same God who loves you to pieces, even more than His beautiful creation.



From Abuse to God's Use

By Sue Tuinstra

I have been a Christian since 5 years old, then was sexually abused at age 6 by my brothers and never had an understanding of the power it had over me until Set Free. Even though my parents loved me, they weren't there to know what this seed of shame could do to me. They knew my brothers did this and spanked one brother. The other one lied, and they said nothing to me.

I always knew Jesus loved me and died for me but battled with sexual sin all along, which of course opened doors to so much other sin. I'm a great fighter and couldn't have made it this far without my Heavenly Father. He's healed me physically (cancer) many times, so I knew He wasn't through with me or that my purpose was complete, but about two months ago, I was done. I continually entertained thoughts of suicide and couldn't stand the anger in me.

I sought counsel from a gal who recommended Set Free. The day before the appointment, I told my husband to leave- I was done. He wouldn't leave. The evening after the appointment, after talking with him for 1 hour, he cried and said, "You are a different person."

Tonight I spoke with my daughter for 20 minutes, and she said, "Mom, it's like I'm talking to a different person!" She said in the past year, in all of our conversations, she always felt a wall between us and she cried and rejoiced with me for the wholeness I am now living in.

I could go on and on as to how God has already used me to minister to others just in the last 3 days through this change in my life. I am transformed, truly free to be used by God from the inside out. I've been set free!

Thank You Father, for using this terrible situation in Sue's life, to work for Your good and for Your glory! We know that it was indeed Your Spirit working in her heart to enable such forgiveness. Thank You for the gift of Your Holy Spirit. Thank You for using us and our experiences for good.

"And we know that in all things, God works for the good of those who love him, who have been called according to his purpose."

~Romans 8:28

Swimming Brickless

by Aubrie Benting



I love swimming. Surrounded by water, your body becomes weightless and lost in its own world. The steady sound of the waves greeting the shoreline and the feel of a million drops of water swaddling you in on all sides is enough to make you forget about everything but the present moment. The back-float is

one of my personal favorites. There is no destination to get to, no target heart rate to reach, just simply me admiring God's sky-wide painting, cradled in the arms of water. Peace.

Peace is what is lost with unforgiveness. Imagine trying to enjoy that same back-float with a sack of bricks strapped to your back. It wouldn't take long until you are flipped onto your stomach, frantically clawing at air and water to keep your head from going under. There is no more relaxing, no more admiring the heavens, no more peace, just the constant struggle of trying to swim with a heavy burden on your back. Unforgiveness.

As we swim through the various stages of life, many people are going to hand us bricks. Bricks are the "wrong-doings" against us, the things that people do- whether intentionally or unintentionally- to inflict pain, hurt, or anger. According to justice, we have the right to be angry with them; we have the right and the free will to hold onto our bricks, but who suffers the most because of it? Surely not the one who wronged you! No, that person has left just as freely as he/she came and has left YOU struggling with the anger or pain. For as long as you refuse to give forgiveness, YOU are the one sinking quickly with the heavy load. That doesn't have to happen!

God wants to take your load. He sees that your back-float has been turned upside down; He sees that you are carrying anger and pain as a result of someone wronging you. "Give your burden to Me, " He says, "Let Me take your pain."

How it must grieve Him to watch us cling to our pain, refusing to let it go, watching us sink deeper and deeper into the water, all the while, hoping that our "wrong-doer" suffers. The truth is, YOU suffer. Let the Lord take that heavy load from you and get back to doing the back-float.

I love swimming...brick-less.



Touching a world in desperate need of the Savior...

Matthew 25:31-36

Our Mission is through **Christ's power** and **prayer** to set captives free from **Satan's bondage** by **encouraging** them to **know** and **walk** in **God's Word**. Set Free Ministries is fully committed to empowering believers and reaching non-believers worldwide.

Did you know? Today, there are more than six billion people on earth. Each one of them will have to make a decision for eternity one day. That's why Set Free Ministries is dedicated to sharing the truth of the gospel and the importance of living in obedience to it with people worldwide.

We want to tell everyone that there is a never-ending source of hope, peace, joy, and love that's available to anyone....anywhere. The sole purpose of life is to have a strong, personal relationship with the one true, Living God and to glorify Him by the way we live our life. There is so much pain in this world and so much hurt, that many Church members and non-believers alike are missing the opportunity to live that life of hope, peace, joy and love. Thanks to your faithful prayers and gifts, Set Free Ministries is able to reach out to a lost and hurting world.



[Click Here to Help Reach the Lost](#)

Training Announcement!

Friday, December 11, 7-9 pm and Saturday, December 12, 2009, 8 am- 4 pm

Do you sense the Lord calling YOU into this type of ministry? We have another training opportunity coming up, certifying you to be actively involved with Set Free Ministries. This is a great way to give of your time for God's Kingdom, a wonderful opportunity for you to be used by God to touch the lives of people who are hurting and hungry for truth.

Please contact Nancy Beaver via email (nancyb@setfreeministries.com) or phone (616-726-5400) for more information. The only requirement is that you go through your own freedom appointment prior to the training.

The training will be held at Messiah Christian Reformed Church, located at 2900 Springdale, Hudsonville, MI 49426.

The deadline to send in your registration form is December 1, 2009.

For more information, [visit us at our website.](#)

To receive this monthly update, you may be added to our email list by sending a blank email to aubrie@setfreeministries.com

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