

# Set Free Update

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Ministries**



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## SFM TRAINING

As a board member I was invited to sit in on the recent training workshop. I listened to those in attendance share why they were taking part in this training session; they all had the common denominator. They had experienced freedom in Christ and their hearts were filled with gratitude, and they too wanted others to know this same freedom.

The weekend session opened with Dean Vander Mey speaking about ministering and the power of God's Word. He followed up the following Saturday morning with Step One. Paul Tamingel and John Klingenberg taught on Steps 2-7. I was reminded of Paul's prayer in Ephesians:

*"For this reason I kneel before the Father, from whom his whole family in heaven and on earth derives its name. I pray that out of His glorious riches He may strengthen you with power through His Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the saints, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God. Now to Him who is able to do immeasurably more than all we ask or imagine, according to His power that is at work within us, to Him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen. (Eph. 3:14-19, NIV).*

We too at Set Free Ministries pray for those who are being trained. That Christ may dwell in your hearts through faith. And that by this faith you will be rooted and established in His love, so that you may have the power together with those who minister with you, to grasp how truly deep this love is--the love of Christ Jesus--the love that brings true freedom.

We can teach you steps and you can gain knowledge, but our belief in holding these training sessions is to encourage you. For you to take the love that each one of you have grasped in your own life, and to share this with others. This love surpasses all knowledge, and this love fills you with the fullness of God, so that when you minister to others it flows out of you.

Paul wrote the name JESUS on the board before we began. JESUS is our source; He spoke, all things flow from Him. John shared stories of freedom and of those who have grasped this deep love of Christ. Dean encouraged others that God is the one who will do more than we ask or imagine. And that His power is at work within us by His Word and by our testimony.

So, we invite you to come to the next training session, to be encouraged to share this love that is in Christ Jesus, to know His Word and to receive this love that surpasses all knowledge so that you may leave equipped to minister in the power of the cross.

by Tammy Kuipers

## DISCIPLESHIP COUNSELING

“Go therefore and make disciples...teaching them to observe all that I commanded you” (Matt. 28:19, 20, NKJV).

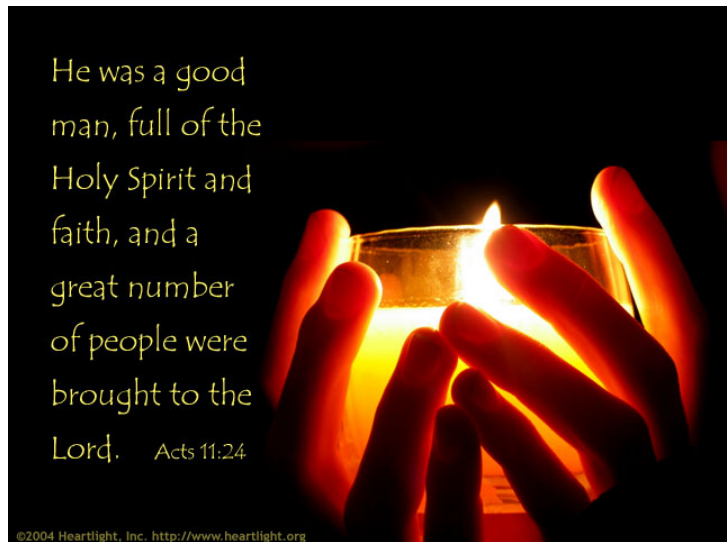
Neil Anderson referred to the Freedom in Christ ministry as discipleship counseling. Jesus said, “If you abide in My Word, then you are truly disciples of Mine.” As an encourager at SFM, I see my job as having more to do with discipleship than with counseling.

It is a continuing discipline for me to put the emphasis on “abiding” in the Word rather than giving “my counsel.” It is the Scriptures, as they are applied by the Holy Spirit, that lead the participant into freedom. “My counsel” can sometimes be helpful, but it is “the Spirit of Truth” that is the counselor that Jesus promised (John 14:16, 26). It is always a joy to watch this happen in a freedom appointment.

Example: A middle aged man is in obvious internal distress at a point in his freedom process. “There is something else—something important that I’m missing. I don’t know what it is, but I think it is important” he says. We pray and ask Jesus to reveal whatever is necessary. Suddenly the man remembers an incident when he was six years old; an unkind deed he had done to a playmate. He bursts into tears as the six year old heart relives the guilt of that moment in his past. To me the incident seemed rather insignificant, but there was a young heart to whom Jesus wanted to bring healing. Freedom was gained through repentance and receiving forgiveness for a long ago forgotten unkindness.

As I recall this incident, I’m reminded that it is “not by might nor by power (*nor my counsel*), but by My Spirit, says the Lord of hosts” (Zech. 4:6).

by Arnie Dykstra



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