

FAQ about SFM

Q. What exactly do you do?

A. We are a prayer ministry offering biblical encouragement to bring healing, wholeness, triumph and joy to those experiencing spiritual and emotional brokenness and oppression. A dependence on the Holy Spirit and the use of Scripture is essential to teach, rebuke or train (2 Timothy 3:16) the Ministry Recipient toward a full and abundant life.

Q. How is Biblical Encouragement different than other types of counseling?

A. The basic problem of hurting people is usually sin, either committed by or against the person. Sin causes separation from God, whether it is an act of commission, omission, or sinful response to another's sin against them. Their pain in and of itself is not the problem, but only a reflection that there is indeed a root problem. Biblical Encouragement is a scripture-based, Holy Spirit-driven process of healing. God always provides a way to handle every circumstance in which a person finds themselves so that they may respond in a righteous manner. (1 Cor. 10:13,14).

Q. What is a freedom appointment?

A. A freedom appointment is a meeting with an encourager and prayer partner to enable you to bring your pain, hurt and bondage to the cross and receive freedom.

Q. What do I have to do to get a freedom appointment?

A. Either contact us via the website and submit your information so that we may contact you and mail a CPI (confidential personal inventory) questionnaire to you OR you may download a CPI from our home page. Once you have completed the form, you can mail it to our office as indicated on the form. Our volunteer coordinator will then contact a trained encourager and prayer partner to most closely match your needs and set up your freedom appointment with respect to your availability.

Q. How long do I need to wait to get an appointment?

A. We try to make your freedom appointment within two weeks. Please make sure you inform us of your availability as indicated on the forms last page.

Q. How long is a freedom appointment? What do I need to bring?

A. A freedom appointment usually lasts approximately 5 hours. We do offer bottled water and coffee. We also have vended snacks available for sale. You might want to bring a brown bag lunch if your appointment starts in the morning. We do have a refrigerator and a microwave for your convenience.

Q. What and Who is a Ministry Recipient?

A. A Ministry Recipient is one who receives ministry from a trained encourager/prayer partner team.

Q. What do you charge for your services?

A. We do not charge any fees of any kind. We operate on a strictly donation basis. If a person is led by the Holy Spirit to give a gift, we would gladly accept it.

Q&A from our Ministry Recipients~

Q. My question is – will I be less afraid after my freedom appointment? Kristin V. of Kentwood, MI

A. 1 Peter 5:6-7 reads: “Humble yourselves under the mighty hand of God and in due time, He will exalt you. Cast the whole of your cares, all of your worries, all of your concerns, all of your anxieties, once and for all on Him, for He watchfully and affectionately cares for you.” (amplified)

Q. Why do I feel like not wanting to follow through with this questionnaire? Nanette of Rockford, MI

A. Opposition is expected once we decide to turn away from living our life (a gift from God) our own way versus His way. We can only serve ONE GOD at a time. It's a choice to follow His Plan. Take the power and authority given to you by your Heavenly Father and exercise it from this day forward.