

Dear Ministry Recipient,

We are pleased to hear that you desire to have a "Freedom Appointment" using the Steps to Freedom in Christ. In order to prepare for an appointment, please take note of the following:

- Complete the Confidential Personal Inventory, attached for your convenience, as completely and accurately as possible and return to Set Free Ministries. This information will be shared only with your prayer team that will be assisting during your freedom appointment.

NOTE: Any information that you share will be guarded with the strictest confidentiality.

- Plan on at least a five-hour block of time to complete the process in one appointment. We suggest you bring a lunch. Coffee and water are provided.
- Read or review the books Victory Over the Darkness and/or The Bondage Breaker by Neil Anderson. The process that we will use can be found in chapter 13 of The Bondage Breaker. Invisible War by Chip Ingram is another excellent book to read to help you better understand spiritual warfare.
- Prepare yourself with prayer and God's Word. It would be good to study the verses that correspond to the Who Am I? Statements (found in both Victory Over the Darkness and the Bondage Breaker).

We always have a prayer partner involved in the freedom appointment. They have been through special training to meet the requirements for a freedom appointment.

Please indicate what day(s) work best for you and we will try to schedule accordingly. Normally, Freedom Appointments are facilitated on Mondays through Thursdays starting at 9:00 am.

It is not unusual to experience increased spiritual oppression before an appointment. The enemy does not want you to experience the fullness of freedom, but God assures you that you have authority to resist those possible attacks in Jesus' name (James 4:7; 1 John 4:4b). We will be in prayer with and for you.

It will be an honor for us to serve you in this way and to be part of what Christ is doing and will continue to do in your life. We look forward to meeting with you soon.

God Bless,

Nancy Beaver

Volunteer Coordinator
Set Free Ministries
700 36th Street S.E. Suite 108
Grand Rapids, MI 49548
(616)726-5400

STEPS TO FREEDOM IN CHRIST – PRE-APPOINTMENT QUESTIONNAIRE

Rev. 6-09

This questionnaire is to gather information to help your ministry team in the prayer effort on your behalf. Thank you.

Please mail or fax to: **Set Free Ministries,**
700- 36th St. SE - Suite 108
Grand Rapids, MI 49548
(616)726-5400 phone (616)726-5404 fax

Available for appointments: please circle as many as applicable: **M T W Th F S Mornings** ____ **Evenings** ____

(PLEASE PRINT)

Name: _____ Date: _____

Address: _____ City: _____ State: ____ Zip: _____

Male ____ Female ____ Single ____ Married ____ Divorced ____ Widowed ____ Birth Date: _____ Age: _____

Education ____ Years Ethnicity _____ Phone: _____

| | | |
|---------------------------------|----------------------------|--|
| Are you a Christian? Yes__ No__ | How many years? ____ years | Do you attend church regularly? Yes__ No__ |
|---------------------------------|----------------------------|--|

| On a scale of 1 to 10, how would you rate yourself in the following areas? (1 is no problem: 10 is severe problem) | | | | | | | | | | |
|--|---|---|---|---|---|---|---|---|---|----|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 1. Depression (Hopelessness) | | | | | | | | | | |
| 2. Anxiety | | | | | | | | | | |
| 3. Fear (Irrational) | | | | | | | | | | |
| 4. Anger (Unhealthy) | | | | | | | | | | |
| 5. Tormenting thoughts and voices | | | | | | | | | | |
| 6. Habits and/or behavior over which you have little control | | | | | | | | | | |
| On a scale of 1 to 10 how would you rate your function in the following areas? (1 is very good; 10 is very poor) | | | | | | | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 7. Self Esteem | | | | | | | | | | |
| 8. Ability to function in daily activities | | | | | | | | | | |
| 9. Satisfaction in relationships | | | | | | | | | | |
| 10. Physical Health | | | | | | | | | | |
| 11. Bible study and prayer | | | | | | | | | | |
| 12. Reality of God in your life | | | | | | | | | | |

Set Free Ministries

700-36th St. SE, Suite 108, Grand Rapids, MI 49548

Telephone (616) 726-5400 – Fax (616) 726-5404 – email: information@setfreeministries.com

CONFIDENTIAL PERSONAL INVENTORY

Date: _____

I. PERSONAL INFORMATION

Name _____ Age _____

Telephone (____) _____ E-mail (optional) _____

Preferred method to contact you and best time of day _____

Address _____ City/State _____ ZIP _____

Present Church Affiliation _____ Pastor _____

Previous Church (if different in past year) _____

Current Vocation _____

Previous Vocation (if different in past year) _____

Specifically, what are the issues/problems you most want help with? _____

How strongly do you want help with your problem? (check one)

Very Strongly Strongly Moderately Not my choice to do this

How did you hear about Set Free Ministries? _____

Who (if anyone) referred you? _____

Check if you have read Victory Over the Darkness The Bondage Breaker

If under 18, please list name of parent or guardian _____

MARITAL STATUS

Marital Status- Single Married Divorced Separated Widow/Widower

Describe your present marriage (if married) _____

Describe any previous marriage(s) _____

Number and ages of children _____

Please be sure that all pages are carefully completed and then return this form to the address above.

II. FAMILY HISTORY

A) RELIGIOUS BACKGROUND

Have any of your (or your spouse's, if married) parents, grandparents, or other relatives, to your knowledge, ever been involved in any occult, cultic, or non-Christian practice? Yes No if yes, please explain.

Briefly describe your parents' Christian experience (i.e. if they were believers, did they profess and live their Christianity).

Would you describe the moral climate (rules) you grew up with as Liberal Normal Excessive

Please describe any extremes. _____

B) FAMILY DYNAMICS

What are your parents present marital status? Divorced Married Separated Deceased

Which parent seemed to be the obvious head of your home? _____

How did your parents relate to each other and to their children? _____

To your knowledge, did either of your parents or grandparents ever have an adulterous affair? Yes No

If yes, please explain _____

Are you aware of any incestuous relationships in the family Yes No If yes, please explain.

Are you adopted or part of a blended family? Yes No

Did foster parents or legal guardians raise you? Yes No

What was the emotional environment of your home like (i.e. hostility, tension, love, warmth...) _____

C) SIBLING DATA

Please identify the names, sex and ages of all siblings and place yourself in birth order. Begin with the oldest in the family. How would you define the relationship: Good, OK, Poor (circle one)

Male Female _____ Age___ Good OK Poor Male Female _____ Age___ Good OK Poor
 Male Female _____ Age___ Good OK Poor Male Female _____ Age___ Good OK Poor
 Male Female _____ Age___ Good OK Poor Male Female _____ Age___ Good OK Poor

Please describe the interpersonal relationships in your home while you were growing up. _____

Are there any unresolved issues that are causing bitterness or resentment between you and any of your siblings and/or parents? If so, please describe. _____

D) FAMILY HEALTH

Are there any addictive problems in your family history (alcohol, drugs, food, gambling, pornography, etc.)? Please describe.

Is there any history of mental illness? Please describe. _____

Is there any history of disease or chronic illness? Please describe. _____

Have you or anyone in your family ever attempted (or committed) suicide? Please briefly describe the relationship and circumstances. _____

III. PERSONAL HEALTH

A) PHYSICAL

How would you describe your personal health? Excellent Good Poor If poor, please explain.

When was your last complete physical? _____

Do you have any addictions or cravings that cause you to find it difficult to control sweets, drugs, alcohol, food in general, etc.? If so, please explain _____

List any prescription medications taken in the past two years for either physical or psychological reasons, and indicate which, if any, you are currently taking.

Do you struggle with any addictions or compulsive behavior patterns? If so, please explain.

Do you schedule regular periods of rest and relaxation for yourself? Yes No if no, please explain.

Please check any of the following health problems you may have:

Anemia Diabetes Low blood sugar Thyroid problems Other (please explain)

B) MENTAL

Please indicate any of the following thoughts which you have had or are presently struggling with:

Blasphemous Daydreaming/Fantasy Lustful Inferiority/Inadequacy

Obsessive/ Sexual fantasy Worry Compulsiveness

How many hours of TV do you watch per week, and what are your favorites? ___ hrs. _____

How many hours do you spend listening to music, and what kind of music? ___ hrs. _____

Have you ever thought that maybe you were “cracking up”, and/or do you presently fear that possibility?

Yes No If yes to either, please explain. _____

C) EMOTIONAL

Please indicate which of the following emotions you have had or are presently having difficulty controlling.

- | | | | |
|---|---|---|-------------------------------------|
| <input type="checkbox"/> Frustration | <input type="checkbox"/> Anger | <input type="checkbox"/> Anxiety | <input type="checkbox"/> Loneliness |
| <input type="checkbox"/> Worthlessness | <input type="checkbox"/> Depression | <input type="checkbox"/> Hatred | <input type="checkbox"/> Bitterness |
| <input type="checkbox"/> Fear of losing your mind | <input type="checkbox"/> Fear of committing suicide | <input type="checkbox"/> Fear of hurting loved ones | |
| <input type="checkbox"/> Fear of abandonment | <input type="checkbox"/> Fear of _____ | <input type="checkbox"/> Fear of _____ | |

Have you ever experienced any type of trauma (i.e. physical, emotional, or sexual abuse, involvement in a severe accident, death of a family member, etc.)? Yes No If yes, please explain.

Is there someone in your life with whom you are able to be totally emotionally honest? If so, who and what is their relationship to you? _____

Do you feel you are totally emotionally honest before God? Yes No If not, please explain why you feel that way.

D) SEXUAL

Is there or has there been any physical, emotional or sexual abuse in your family? Yes No If yes give relationship of the abuse and abuser and explain what abuse took place. _____

Did you ever experience any anxieties, guilt feelings, or trauma arising out of a sexual experience with the opposite sex?

Yes No If yes, please explain.

Did you ever experience any anxieties, guilt feelings, or trauma arising out of a sexual experience with the same sex?

Yes No If yes, please explain. _____

Do you have questions or concerns regarding your sexual identity? Yes No If yes, please explain.

Are you or have you ever engaged in any extra-marital or pre-marital sexual relationship? Yes No

If yes, please explain. _____

IV. SPIRITUAL HISTORY

Please write a brief description of how you became a Christian. _____

If you were to die tonight, do you know where you would spend eternity? Yes No

Suppose you did die tonight and appeared before God in heaven and He were to ask you, "By what right should I allow you into my presence?" How would you answer him? _____

Do you have frequent doubts concerning your salvation? Yes No

How would you rate yourself on a scale of intimacy with God? Please indicate one.

- 1 2 3 4 5 6 7 8 9 10

Distant

Very Close

Do you have regular devotions? Yes No

Do you find prayer difficult mentally? Yes No

When attending church or other Christian activities, are you plagued with foul thoughts, jealousies, and/or other mental harassment? Yes No If yes, please explain. _____

Are you presently enjoying fellowship with other believers? Yes No

Are you under authority of a local church where the Bible is preached? Yes No

Do you regularly support it with your time, talent, and treasure? Yes No

How often do you attend church? Weekly Monthly Few times a year Never

Please include any other input about your spiritual life and growth that you think may be important:

V. NON-CHRISTIAN SPIRITUAL EXPERIENCE INVENTORY

A) ADIVINATION OR OCCULT

Adivination applies to any activity in which special knowledge or power was sought through psychic or supernatural means other than God. Occult involves the use of spells, charms or curses to obtain special powers or to control people, events or things. Some examples are below. Check any that you or a close family member may have ever had been involved in, even if it was seeming innocent or just observing (if only other family members, indicate with an "F") Write in any others that you may have been involved in but are not listed.

- | | |
|--|---|
| <input type="checkbox"/> Astral projection (out-of-body experiences) | <input type="checkbox"/> Magic (black or white) |
| <input type="checkbox"/> Bloody Mary | <input type="checkbox"/> Materialization (making things appear/disappear) |
| <input type="checkbox"/> Blood pacts | <input type="checkbox"/> Mental suggestion |
| <input type="checkbox"/> Body or table lifting (i.e. "light as feather") | <input type="checkbox"/> Ouija board |
| <input type="checkbox"/> Charms | <input type="checkbox"/> Palm or psychic readings |
| <input type="checkbox"/> Crystal use | <input type="checkbox"/> Séances |
| <input type="checkbox"/> Fantasy games (like D&D) | <input type="checkbox"/> Tarot cards (or other card readings) |
| <input type="checkbox"/> Fortune telling | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Horoscopes | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Hypnotism | <input type="checkbox"/> _____ |

B) FALSE TEACHING OR INFLUENCES

Programming of our minds comes from a variety of resources. Check any false religious teachings that you or a close family member have been exposed to or participated in. There are also a number of other negative influences that may not be religious in nature but can influence us at a spiritual level. Check any of the items that have been influences in your life. Where indicated, write in the name of the group or program. Write in any others that you may be aware of but are not listed.

- | | |
|--|---|
| <input type="checkbox"/> Alternative medical treatments (involving Crystals, Psychic powers, etc.) _____ | <input type="checkbox"/> Music that is blasphemous or anti-Christian |
| <input type="checkbox"/> Books or movies about the paranormal | <input type="checkbox"/> New Age teachings _____ |
| <input type="checkbox"/> Cults or sects | <input type="checkbox"/> Non-Christian religions(s) (i.e. Buddhism, Hinduism) _____ |
| <input type="checkbox"/> Eastern mysticism _____ | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Horror or slasher films | <input type="checkbox"/> Wicca |
| <input type="checkbox"/> Lodges/secret organizations (i.e. Masonic Order) | <input type="checkbox"/> _____ |
| | <input type="checkbox"/> _____ |

C) SATANIC/RITUALISTIC INFLUENCE

Involvement in satanic ritual, even at the "dabbling" level is serious. Even if you were forced into it against your will, check any type of involvement you may have had or write in any other involvement that is not listed.

- | | |
|--|--|
| <input type="checkbox"/> Blood letting/offerings | <input type="checkbox"/> ritualistic sacrifice |
| <input type="checkbox"/> Calling forth demonic spirits | <input type="checkbox"/> satanic ceremonies |
| <input type="checkbox"/> Church of Satan | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Curses/spells | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Power circles | <input type="checkbox"/> _____ |

V NON-CHRISTIAN SPIRITUAL EXPERIENCE INVENTORY CONTINUED

Have you ever attended a New Age or parapsychology seminar, consulted a medium, Spiritist, or channeler?

Yes No If yes, please explain.

Do you have, or have you ever had, an imaginary friend or spirit guide offering you guidance or companionship?

Yes No If yes, please explain.

Have you ever heard voices in your mind, or had repeating and nagging thoughts, that were foreign to what you believe or feel, like there was a dialogue going on in your head? Yes No If yes, please explain

What other spiritual experience have you had that would be considered out of the ordinary (such as sensing an evil presence in your room at night, or in your dreams, as a child?)

Have you been a victim of satanic ritual abuse? Yes No If yes, please explain.

Please add anything you think might be helpful.

FREEDOM APPOINTMENT

If there are certain days of the week or times of the day (morning or evening) that work out better for you for your appointment, please indicate those preferences.

Available for appointment: please circle as many as applicable: M T W Th F S Mornings ___ Evenings ___

If you are planning to bring a prayer partner with you, please give their name and relationship to you.

It is not recommended that a family member or someone of the opposite sex be your prayer partner.

Name _____ Relationship _____